

Faith Journey

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信心之旅

Special Issue: FMC AT 25

A quarterly newsletter of Faith Methodist Church

Faith Methodist Church, Lot 5670 Hup Kee Road, 93350 Kuching, Sarawak,



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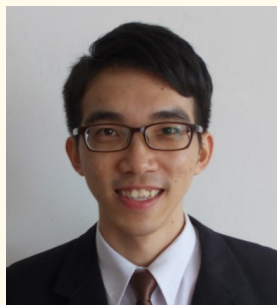
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The views expressed by the authors are not necessarily the views of the church.

For non-Muslims only

The Pastor's Message



壁画

在古晋老街走走就会看到一幅幅壁画在苍老的墙上。许多老行业的情景都成了壁画的主题，诉说当年的故事：开裕巷的美食摊贩、印度街的布商、中国街的打铁师傅、爪哇街的舢板船夫……让人仿佛穿越到那时候的繁华。人们从壁画缅怀过去的美好，唏嘘今日不如昨日。

信心堂25年的岁月在人们心中留下一幅幅的壁画：元老们开设布道处、新圣堂的建造、新小组新团契的成立……让人感叹时间飞逝。有些人离开我们奔向耶稣的乐园，有些人离开古晋远走他乡，有些人离开教会也远离神，而我们还在这里。数算我们的日子不是为了缅怀埃及的鱼和西瓜，而是展望迦南地的奶与蜜，为要得到神借着基督耶稣呼召我们去领受的新生命。

The Murals

As you walk along Kuching Old Street, you will see murals on the old cracked walls. Many scenes of old businesses have become the theme of murals, telling the story of those days: food vendors in Kai Joo Street, textile traders in India Street, tinsmiths in China Street, sampan river taxi in Java Street... These murals bring you back to the golden era. You recall the glorious past and think that today is not as good as yesterday.

The 25 years history of Faith Methodist Church have left some murals in people's hearts: the start of the preaching center, the construction of the church building, the formation of small groups and fellowships... You will be amazed at how time flies. Some people have left for Jesus' paradise, some have left Kuching, some have left the church or even God, yet we are still here. We count our days not for remembering the fish and watermelons of Egypt but looking forward to the milk and honey of Canaan. Let us work together, press on toward the goal to win the prize for which God has called us heavenward in Christ Jesus.

丁华胜 传道 Pastor Ting S

18 years with FMC

By Alex Jong



Deluxe and Alex with Rev and Mrs Ang

Faith Methodist Church is now 25 this year, and I have been a part of her journey for the last 18 years. And during these 18 years, I have seen people come and go, and served in various ministry which pretty much made me the person who I am today. But am I done for now? Well this is only the beginning, and more exciting things are yet to come.

I recalled walking up those stairs week after week the moment I decided to settle down at Faith Methodist Church (I have written about this in the 20th anniversary edition) — Not knowing what God had in store for me during those years and allowing me to me up with a lot of people that helped me grow in my spiritual life.

It was a humbling experience I would say, and I am glad that I have decided to stay on and continued to serve throughout all these years. So for this 25th year edition, I would like to say thank you to some people who actually made an impact in my life not only through serving together as well as knocking my head when needed to, as well as sharing some of the experience I went through during serving.

The Principal and The Student

Now not many of you may know this story, but Rev. Ang was probably one of the few people that gave me a hard time. I guess back in 2002, you could say it was a love-hate relationship with him.

But I truly thank God that he placed Rev. Ang for taking his time to rebuke me when necessary. Come to think of it, he does that every Tuesday morning at 8.30 a.m. and gave me a lecture on how things are being done in a Methodist environment. Little did I know, his phone call on Tuesday morning was kind of like a pre-confirmation class indirectly. And I am truly grateful for him doing so, if it were not for him, I would probably be late for my 10 a.m. class on Tuesday.

And boy did he rebuke and lecture me — all the way from the old premise into the new premise. I think it came down to a point where, I was so used to his lecturing it just goes in from one ear and goes out the other.

To cut long story short, we eventually became the best of friends. This happened while Deluxe and I were visiting her uncle in Timberland one morning. It so happened that Rev Ang fell sick and was staying next to the bed of Deluxe's uncle. We were not aware of things like this because we did not have WhatsApp back then. Mrs. Ang told us we were his first visitors.

It was then and there, I decided to let go of my pride and bury the hatchet between us. I remembered apologising to him the next day when I visited him. From then onwards, we were the best of friends. And once I got to know him more, he was not as bad as I thought he was — when I met him the very first time. Looking back today, if I were in his shoes, I now see the reason why he did what he had to do. If it was not for him, chances are I might not be here in FMC anymore.





Mrs Teo cooking for the Lundu folks

The Old Lady that drove a 1985 Volvo 240

Yes, that lady is our beloved Mrs. Teo. I began noticing Mrs. Teo when I saw the exact model of car I was driving back then. That could be probably the reason why we could click instantly as we got something in common to talk about. How sturdy and safe it is to drive a tank around, where every other car would be afraid of you. I would always joke with her maybe we should do a drag race on of these days to see who reach church faster.

One of the reasons I gotten close with Mrs. Teo over the years happened somewhere back in early 2003. I remembered there was a shortage of pianist that Sunday, and Rev. Ang asked if I could play the piano then. (Even though I had a love-hate relationship with him then, if he asked me to jump I would not hesitate to do so). I told him ok.

Now for most of you who have served with me, you would know that my piano skills are at Grade 1 only. I cannot read notes. So, the only way I could get through it was by memorising the whole song, and hopefully the liturgist would be able to sing.

Nevertheless, when it was time to play the closing hymn. Somehow I totally forgot how the song went. Sure enough it was a disaster. After the service, I "kena" from left, right, front, back and center. And surprisingly not from Rev. Ang, as he was cool about the whole thing.

Again, after I got bombarded, obviously I felt lousy and decided to hide inside the PA Room to turn off the system and all that. Then not long after that, Mrs. Teo decided to pop up and stand in front of the PA Room and greeted me. What she said to me is probably something I will never forget for the rest of my life.

She said, "Alex, you're the best pianist that I ever know. You did very well out there today, don't give up" as she held my hand with both of hers. The moment she said that to me, I promised her that I will do my best in the event if I am required to play hymnals once again.

What touched me was the fact that she had to walk all the way from her usual seat which I believe is about the 7-8th row from the front to the PA room just to encourage me. I tell you, after that I treated her as family. And from that time onwards, when given the task to play the hymnals I would get permission from my yet-to-be best friend to use the church sanctuary to practise every Saturday evening.

Sure, I could not read "tau-geh" then, so I went and made my own cheat sheet onto the hymnals (which again I got permission to do so). If you look at one of the hymns books and saw some notes there, then you know that was done by me.

In 2005, I was asked to come up with a video montage for the 10th Anniversary (thank God for Sis. Su Hie for keeping records not only in writings but in photos as well) and checked out the photo albums. And here we see the sweet old lady who drove the Volvo again, serving in Lundu joyfully. The moment I saw this, along with a few more photos I hope I can continue to remain as faithful as her in years to come.

What I learnt from her is that, when someone made a mistake it is easy to pin the blame on the person. But it is even easier to encourage that person instead. The fact that she remains faithful to





From left: Wong Hui Lin, Yiu Sii Mink, ??

God in this old age should be an inspiration to all of us.

CG : Amos 2, Cili Padi Gang, Tomato Kueh Tiaw, Amos 2.5, Genesis

Probably one of the main highlights in my church life was the cell group. It was there I learnt almost everything and anything to do with audio, video, acting and even dancing.

The minute you hear the name Amos 2, you think of the drama team. This was probably where we learn to use our own resources to come up with any production.

When I first joined Amos 2, the first production I could recall was doing for Vacation Bible School back in 2003. That was when I started to learn how to

edit videos as I was asked to come up with a video montage during the fun night.

Not only that, for drama bit I was asked to look for the background music. From that production alone, I learnt that age is only but a number. Yes, all the kids fell in love with Sii Mink the mouse that evening. That was probably one of the awesome moments I find, when all the children were so engrossed in the whole drama it really made a different to all of them.

We did quite several productions within those few years, but the one that really hit me most the play we did for the children cancer ward. Seeing the joy on their faces when they saw funny characters coming out and entertaining them was truly worth it. Our drama brought some moments of relief to their pain they were suffering.

It was from this cell group that I learnt that despite having different opinion at times, we can still stick together as one. All of us play an important role when serving in this church, no matter how discouraging one may find serving on Sunday morning is.

We can all agree that we cannot wait till Friday night to release it all out through prayers. And of course, it was from this cell group as well that I found the love of my life and basically started a family. A few of our members got relocated due to work, while some of us got married and could no longer attend cell-group. By 2008, most of us (married couples) decided to take break while the rest continued to meet. Our cell group changed to Young Adults Cell Group after that.





My cell-group, my family

By mid-2013, we decided to come back and gather again. We would like to thank Dr. Nyanti and Sis. Teck Yee for helping us to kick start our Genesis cell group. They taught us parenting. They also shared their experience on how they brought up their children. Since then, we meet regularly till this day. And because of that, our kids are more interested to join cell group. They like it so much that sometimes when we do not feel like it, we went anyway.

Worship & Music, Boss and Youths

Worship & Music is probably my main calling to continue serving in this church. When I joined the church back in 2002, the only keys I knew how to play were the key of C, D and G on the piano. As my knowledge in playing the piano is only at Grade 1, that was the best I could offer back then. I could not read musical notes, hence you understand why I despised playing the hymns back then.

But I thank God despite offering the little I had, He kept His end of the deal and made sure I was able to play different keys to this day. Not only that, I can at least read all those "Taugeh". I thank God for teaching me. Maybe not perfect, but at least something is better than nothing.

I have always loved working with youths, as how Bro. James Lee puts it "It helps me to stay young". And the only way I could connect with them is was through music. I need to thank all their parents for entrusting me with them. Hopefully I was not too bad an influence on them. As I always told them, regardless of where they may go in future for further studies, the only thing I need to check with them was to ensure they continue to serve wherever they go. And by doing so, I know they will be fine.

But alas once I got married and Esther came into my world. This was something I had to let go whereas I could not spend as much time with them anymore. But they do know that I am still there for all of them should they need me. Plus, another problem came up shortly after that.

Now it is customary in Asian culture to upgrade a couple to Aunt and Uncle status once they get married. The problem for them was that they were so used to calling me "Alex" that they found it weird to start calling me Uncle. But they had no problems to call Deluxe "Aunt".

I did tell Larry back then it is fine to call me "Alex". However, because of the awesome upbringing from both Dr. Nyanti & Sis. Teck Yee, he gave me the nickname "Boss". It eventually got stuck till this day with the rest of the generations.

Serving with my "special armed forces" was a complete joy. We have served together ever so long that they know what I want or where I want to go without any signal from me. It has been like that for each group that I served with all these years. Amen!

Anoint them just as you anointed their father, so they may serve me as priests. Their anointing will be to a priesthood that will continue throughout their generations." – Exodus 40:15

I would like to give thanks to the whole team who have been supportive of me over the years. Thank you for your faithfulness in serving in various ministries, apart from the worship and music team. Each one of you help played an important role in our ministry and words cannot express how much gratitude I have for all of you.

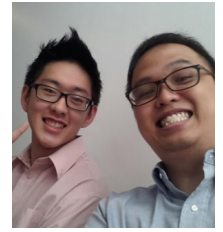
Burnt Out

Again, growing in this church does have its ups and downs, as I went through burnt out not once but twice. I remembered the first time it happened was in mid-2003 where I took 1 month off. Another one was in late 2018 where I wanted to take at least 6 months. In 2003, I was just plain tired and needed time off. But in 2018 it was different which again will deserve a post on its own sometime in the future.





Boisterous boys then, family men now



Live out our lives to draw others to Him

As FMC celebrates its 25th Anniversary, it is funny how things turn out today. Due to the COVID-19 pandemic, the Multimedia team was born. It is quite an experience for all of us. We have a good time going through it all. I will share this in a different post next time.

I thank God for this team who has been tirelessly working with me throughout MCO to ensure that live streaming was even made possible. The live streaming ministry takes a lot from me. It is a repeat of 2003, but this time I find that I handle it differently as compared to 2003. No doubt I am exhausted, but there seems to be an unexplainable joy that pushes me to go forward.

² Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, ³ because you know that the testing of your faith produces perseverance. ⁴ Let perseverance finish its work so that you may be mature and complete, not lacking anything. — James 1:2-4

There are still a lot of people I would like to thank here in Faith Methodist Church for accepting me into your midst. Rest assured, you are not forgotten. I have a record of thanksgiving which I will post again in the next issue of Faith Journey.

Indeed God has blessed me throughout this 18 years here in Faith Methodist Church, and I pray all of us would continue to remain faithful to him and continue to live out our lives as Christ like to draw others to Him. God bless. §



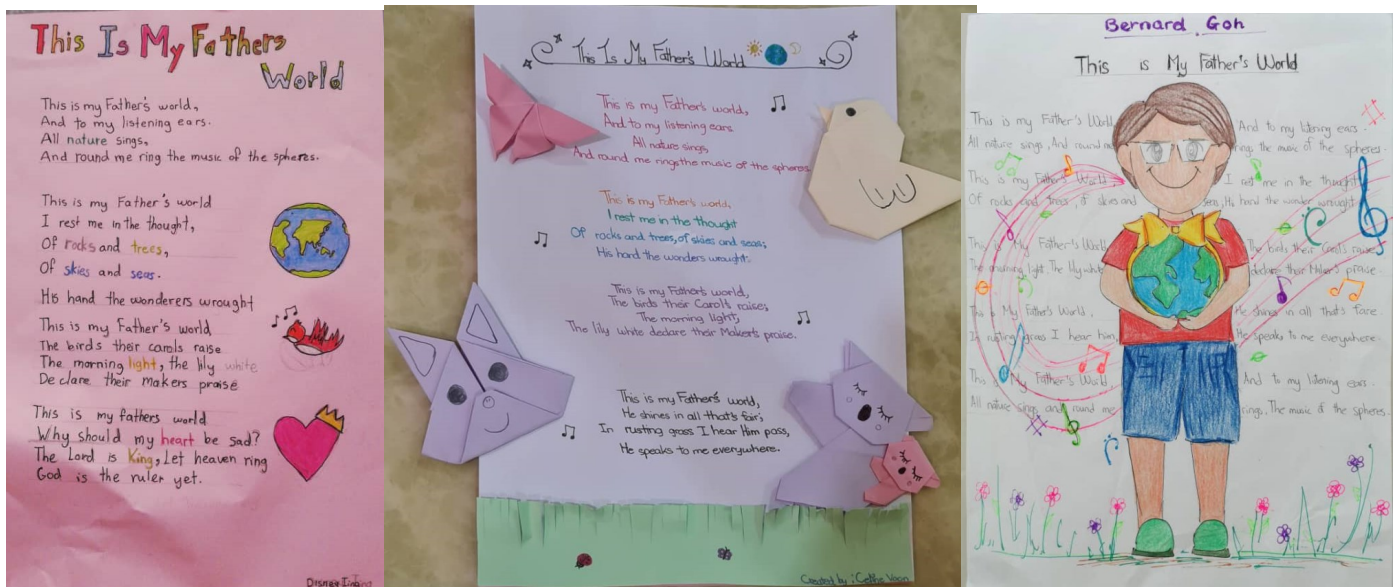
Due to COVID-19 MCO, the Multimedia Team is born



Through the years, we grow together



English Children Choir personalises This Is My Father's World



Song Lyrics by Maltbie D. Babcock (1858 - 1901)"

May FMC be the Salt and Light to the World!

By Daniel Hii

FMC has always been special to my heart because God has placed me in this church when it first started. The church has since been my spiritual home where I can worship God and have fellowship with brothers and sisters in Christ together. It is also here that God has brought me closer to Him and experience His blessings upon my life.

In the early days of FMC building planning, God placed me in the design team. I was able to witness the whole development and construction of its physical building.

God also has granted me opportunity to serve Him in various ministries for a number of years at different periods of time. Though I have not held any particular post in recent years, FMC has remained dear to my heart and constant in my prayer.

I am thankful to God for being able to journey with FMC in the past 25 years by His grace and mercy. Through all those years, I have witnessed the milestones of church development, growth and happenings. There were moments of joy and celebrations, and there were also time of challenges and uncertainties. Nevertheless, He has always been a faithful God who has sustained and weathered us through both the highs and the lows.

At this juncture of FMC's 25th anniversary, my prayer for the church is that God will pour out His Spirit upon us and revive the church. I also pray that we may catch the vision God has set for us, and we will step out by faith in the direction where He is leading us on.

May the love of Jesus Christ bind us together, enabling us to live in unity and building up a community of faith. Let FMC will truly become a disciple-making church, and continue be the salt and light to our neighborhood and to the world.

All honor, glory and praise be unto our God! **S**

"You are the light of the world. A town built on a hill cannot be hidden. 15 Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house. 16 In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven." (Matthew 5: 14)

What a Year – Our 25th Anniversary!

By Ting Meng Hung



25 years ago, God sent the pioneer team of about 70 from TMC to set up Hui Sing Preaching Centre. At that time we knew one another well; we were small in number, everyone chipped in to serve, and all of us joined cell groups. We reached out to the neighborhood and we even traveled to Lundu to sing, preach, and set up Lundu Preaching Centre.

Looking back, FMC has experienced God's faithfulness abundantly! We, as a church grew; we constructed a beautiful church building at Hup Kee and now we have a congregation size of over 800 with Chinese and English worship services!

Today, FMC paints a very different story! More than half of our worshippers are not in any cell group! Many do not know one another well. As the congregation grows, our ministries also grow. But sadly, the number of people who are actively serving increases insignificantly!

As we enter our 25th year, we also experience the global pandemic and we were forced to close our church door and went online.

This pandemic coerced us to rethink "church"! We are reminded again of the importance of our intimate relationship with God versus how much work we do. We need to realign our priority as a church.

With an intimate relationship, we know what God's will is and do according to His will. When we serve according to His will, whether in joy or sorrow, success, or failure, we will not easily be discouraged as his love compels us!

Moving forward, we should focus on reaching out to 50% of our worshippers who are not in cell groups! Church life is about caring for and journeying with one another.

If you do not belong to a CG, you miss out this kind of closeness and a deeper level of fellowship. It is difficult to pour your heart out to the one seated next to you during Sunday service unless you have a

close relationship with each other. So I hope more will step out and take a few brothers and sisters to start fellowshiping and sharing your life journeys together!

Another matter close to my heart is our corporate prayer. Most of us pray individually or in CG but not many join our Thursday Prayer Meeting. The most common feedback I received are: It's boring! It's not relevant! Too much talking, not much praying. Yes! I admit I do feel the same at times too! However, that is precisely why we must come together and pray – because we are not perfect (and far from it)!

The Bible says, "when two of you get together on anything at all on earth and make a prayer of it, my Father in heaven goes into action. And when two or three of you are together because of me, you can be sure that I'll be there." – Matthew 18:19-20 (The Message translation).

So let's come and claim this promise that God will be there with us when FMC comes together and pray! Pray that we can be faithful to our calling!

As FMC turns 25, more and more of our members are reaching or crossing the retirement age! We have gained many life experiences and have listened to many sermons, it's time for us to share our stories and our faith with someone especially those who are younger. Let us reach out and touch someone's life! **§**

Sunday School is special to me

By Winnie Wong

I remembered like it was yesterday climbing up the stairway for Sunday worship at Hui Sing Preaching Point (HSPP) at Hui Sing Commercial Centre. My family was one of the early pioneers of Faith Methodist Church (HSPP then).

Throughout my journey with FMC, I have had the opportunity to witness and serve alongside many pastors. There were so many of them, I've lost count! However, each of them left a significant impact and impartation of God's faithfulness, goodness and truth into my family's life and mine.

I have been serving as a Sunday School teacher for over 30 years. My love for this ministry was inspired by my own personal experience with my Sunday School teachers in Sibü when I was a child. When I was young, my own mother made sure that all her children attended Sunday School to learn God's word. Apart from singing and learning about Bible stories, my teachers taught me biblical principles that I could apply in my daily life.

Sunday School holds a special place in my heart. I had very fond memories of my experience because I was blessed with the impartation of God's Word through my teachers' creativity. One of the driving forces for my passion as a Sunday School teacher is to be able to create the same experience I had as a child for my own children as well as the children of the church.

As the children congregate each Sunday, they interact and form friendships. They come together to know God as well as to worship Him. Some may think children are too young to know God and assume that they are too young to understand difficult Biblical teachings, but God has said that no one has to teach anyone to know the Lord because all shall know Him, from the least to the greatest (Hebrew 8:11).

Children are a gift from the Lord, they are a reward from Him (Psalm 127:3).

Jesus said, "Let the little children come to me and do not hinder them. For the Kingdom of heaven belongs to such as these" (Matthew 19:14).

The gift of the Word of God is one that is lasting. His Word is laden with promises of His love, grace

and faithfulness, the Word serves as wisdom to guide our children. Furthermore, His truth brings about peace and hope that anchor our children through different seasons of their lives.

I am tremendously blessed with the many teachers in the church who have been bestowing this everlasting gift on the many children of FMC, which they will one day carry on as leaders to lead, teach, build and expand His kingdom. Amen. §



Stronger, Larger, Warmer, Deeper

By David Lau Chien Loung

2020 is meant for a momentous year. Vision 2020, a deadline set for our beloved country, Malaysia, to achieve a developed nation status, also called an industrialised country. By this year, Malaysia should have a mature and sophisticated economy, measured by gross domestic product (GDP) and average income per resident. Developed countries have advanced technological infrastructure and diverse industrial and service sectors. Their citizens typically enjoy access to quality health care and higher education. But the country as a whole has yet to realise this ambitious goal.

2020 will become the tumultuous year in the living memory of all of us. COVID-19 is the infectious disease caused by the most recently discovered coronavirus. This new virus and disease was unknown before the outbreak began in Wuhan, China, in December 2019. COVID-19 is now a pandemic affecting many countries globally.

At this time of writing, there are about 30 million cases and 1 million deaths worldwide. The need for social distancing has disrupted the normal activities of humans coming together to celebrate new births of babies, and to mourn the passing of loved ones in funerals. Weddings ceremony and receptions are postponed and downsized. Church Sunday corporate worship has stopped for almost half a year before re-opening for in-person worship. Never before has this happened and this is unprecedented.

2020 is a significant year for Faith Methodist Church as it marks its 25th year anniversary. If we are to draw parallels between the growth of FMC and those of a person who has gone through kindergarten, primary, secondary and tertiary education, FMC is like a young graduate who has started working, got married and bring up the next generation. It is timely to reflect how far we, as a church, have grown. Have we grown stronger through worship, broader through ministry, larger through evangelism, warmer through fellowship, and deeper through discipleship.

Let us recall, recapture and refocus the purposes of the church:

Stronger in worship

The church exists to worship God where we show our love to God. Mathew 4:10 says, "Worship the Lord your God and serve Him only". Our ministry flows out of our posture to centre upon God and our Lord. We proclaim the majesty, greatness and power of God in our private and



corporate manner. Psalm 34:3 says "O magnify the Lord with me and let us exalt His name together".

May we recover the joy of quiet time for ourselves and with God and the Lord Jesus as we begin or end the day. Our time of reflection and collection will prepare us for the busyness of the day in the market place.

Broader through ministry, the church exists to minister to people, demonstrate our love to others by meeting their needs and concern, and bringing comfort to those who are infirmed physically, emotionally and spiritually.

Our Lord Jesus ministered to the sick and demon possessed, cast out demons, performed signs and wonders, and healed the physical sick. He was filled with compassion for the lost and needy. May we emulate our Lord as He ministered in the home of people, be where the lost are.

Our evangelistic and pastoral home visits is an expression of servanthood. We pronounce blessing on people when we celebrate the joy of new births, the beauty of marriage, and also as we cry and mourn with those who grieve in the passing of love ones.

Larger through evangelism

The church exists to communicate and proclaim God's word. We are the representative of Christ. The Great Commission (Matthew 28: 18-20) is for us to go and make disciples of all nations. May the lives that we live be close connected with our Lord. May we draw people to see in us the beauty of our relation with God. When Jesus is lifted up in us, people will see Him and glorify Him. We proclaim Christ through our deeds and speech.

Warmer through fellowship

The church is the body of Christ. The active verbs as in The Great Commission are "go, baptise and teach". Baptism is more than an outward public confession of our faith, a call to believe; it is also a call to belong to the family of God, the church, the body of Christ.

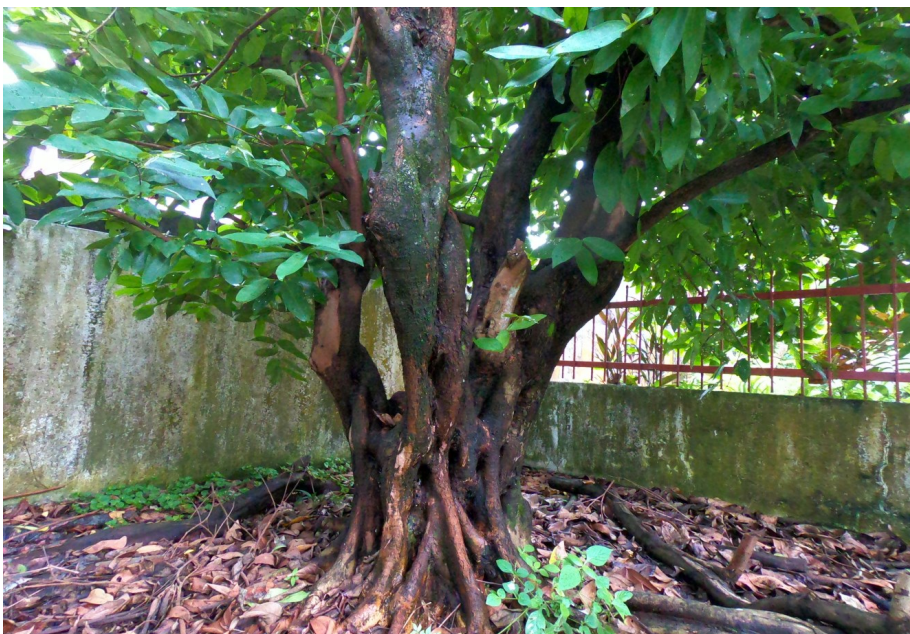
When we belong to the family, we find mutual support, encouragement as iron sharpens iron. Within our tradition, fellowships, classes, bands are small groups to belong for our life-long journey as pilgrims on earth.

Deeper into discipleship

The church exists to build up, edify and educate God's people to become Christ-like in temperament of thoughts, feelings and actions. In Eph 4:12-13, Paul writes "... so that the body of Christ may be built up until all reach unity in the faith and in the knowledge of the Son of God and become mature, attaining to the whole measure of the fullness of Christ".

The church teaches through weekly sermons, talks, seminars, life games and retreats. We may have to commit to medium term courses and long term academic courses to deep further, to discover the treasures of the scripture and the mysteries of God. There are many electronic tools we can employ in our search and study of the Scriptures. Let us set aside time and perform due diligence so that we may find delight in the Word.

15th September 2020 §



Growing Old

I am 53 years old, with one-third of my life spent in FMC.

When I joined FMC in 2001, I was young and believed I could make a difference and change the world. Decades later, I have learnt to accept how things are. I have fought the big fights and the small fights in my workplace—for myself and for others. Now I do not want to dream the big dreams.

Instead I choose to see God's hand in the small things of life. Like when I climb up to the ladder to the second highest step to saw off the starfruit branches that is as high as my roof, I pray that I would not fall down. And I didn't, so I thanked God for it.

Or like when I need to go over to my neighbour's house to bathe their dog on weekends. I pray that there will be someone at home to open the gate for me. Barryo is always hopeful, banging its tail against the kernel. I am also hopeful that I can cuddle it on my lap while the water in the pail is filling up.

Aging brings a shrinking in my arena of concern. Now I understand why my mother-in-law does not like gatherings or trips where there are many strangers. Her interest is only in her family.

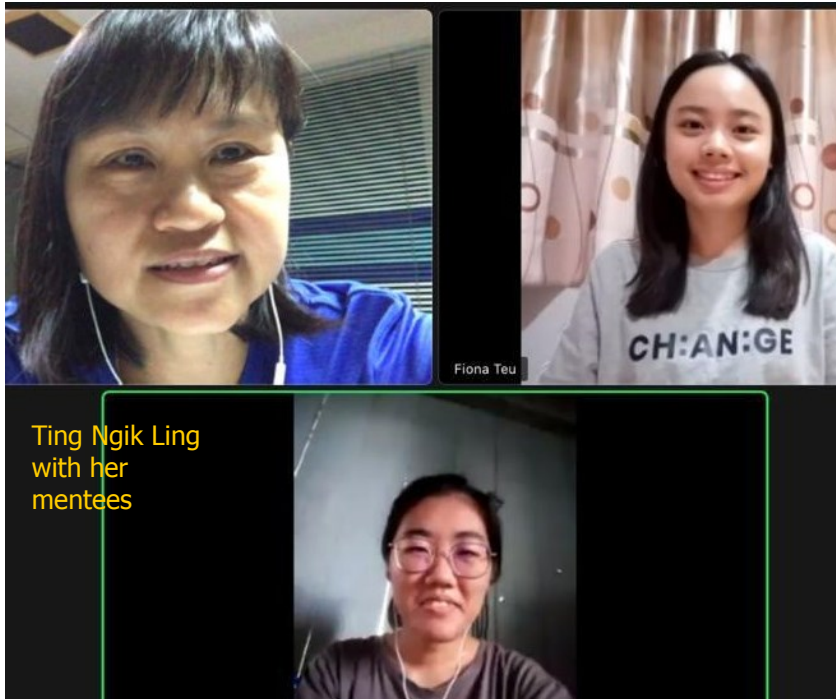
Now I understand why some people are only interested in activities that directly benefit them or their family, and not those that reach out to strangers.

I remember telling a senior, "You serve till God calls you to go to heaven." Having experienced this shrinking arena of concern, I now see Christians serving in ministries that directly benefit them or their family in a new light—it is alright because some others will be blessed too. Better some serving than none.

Su Hie §

Mentoring Ministry among UNIMAS students

By Grace Kong



Mentoring ministry among the UNIMAS students through the blessings of FMC started five years ago (2016-2020) with the invitation of the pastor in charge then.

My team and I are excited to minister to the young, vibrant, teachable students. We are able to minister to their spiritual lives through New Life series, Holiness series, After God's Heart series.

Due to Covid 19, we have classes through zoom. This is Florence Ng with her 10 mentees during the discussion time on Holiness series (4 October 4-13 December 2019).

We thank God for His faithfulness upon us and the opportunity to serve the students using IT. §

有他们真好

他们发挥才华购买，煮美味西餐或中餐食物，让学生有机会品尝不同的餐食。§



Mi Ing & Jackson Chiong



Ing Sieng & Peter Wong



Pauline & Simon Wong



刘谊雯良师的心声

感谢上帝的带领让我可以参与门陶事工，成为导师，可以透过课程教导并栽培学员的属灵生命成长，其中还有机会在卫理中心参与教导大学生

。透过成为导师，在备课过程中，我也在复习基督教信仰的根基教导，常常提醒自己属灵生命持续成长的重要性。

与各位导师们的配搭和彼此代祷，帮助我们在基督的肢体团契中，有更好的联系。除此之外，学生们诚恳地分享生命信耶稣见证，彼此代祷，课程题目的观点分享，都彼此造就，也可感受到他们认真看待信仰的态度，让我感动。每次课程在尾声时，学员和导师互相鼓励和分享所学习的功课，都让我有很大的激励，希望所学习的内容可以凭着圣灵的带领，在往后的人生旅途中，成为我们「脚前的灯，路上的光」，来面对生活中各样的挑战。**S**



珍惜、感激、良师们的同心服事。



A Testimony of my Faith Journey

Dr Melina Lee

I would like to express my gratitude to Grace Kong for this opportunity to share my faith journey. It is especially in this time of COVID-19 that our faith in God is more intensely tested. I would like to summarise in this acronym:

C-alling
O-bedience
V-enture
I-nfilling
D-eepening

Calling— I felt called to be a doctor when I was 11 years old when I started to ponder on the meaning of life and death when I saw my mother suffer in seizure. I began to ask “why”, “what to do”, “where are we going”, “what is life after death”?

By God’s grace, I was given a place to study medicine in UNIMAS, Sarawak . A room-mate brought me to Jesus and I began to grow in the understanding of God in Trinity Methodist Church, Kuching.

During my second year, I met Pastor Grace and she mentored me and introduced me to a young adult cell-group of Faith Methodist Church.

In my fourth year of medical school, I did a seven-week medical elective at United Mission of Nepal, Tansen Hospital. The hospital slogan “We Serve, Jesus Heals” captivated my heart. I saw the suffering of people and I felt called to serve the poor and needy.

Obedience—Knowing the faith and being doers of faith are two things. Over the years, I abandoned my old ways of thinking, living and habits which are not pleasing to the Lord. For example, I was a proud person, and easily angered.

I continued to grow in the Lord after graduation and worked in Kedah for four years as houseman and medical officer. I joined the Cross Fellowship at Auntie Betty’s place,

learning further on truth. I was set free from past bondages and I was determined to choose holy living—to the extent of not celebrating any festival related to idolatry worship. (This is a personal commitment to the Lord and I do not mean to judge others on their stance of beliefs.)

Venture—After working four years in Kedah and getting married to my husband who had just graduated from his medical school, we applied to serve in Sabah. This could be related to the seed planted in my heart in Nepal. During that time, Sabah was short of doctors.

Tawau was a hostile environment. Our rented place was broken in by robbers. Our belongings including laptops were stolen. We faced family crisis as we were unable to conceive for more than four years. With all our enthusiasm of wanting to serve the Lord faithfully, we hit the walls and I sunk into near-depression and was unable to work for few years. In the difficult time, God provided me with a group of faithful praying sisters and we often meet up to pray together. We continue to journey with one another till now.

Infilling—In my Kerith ravine, I sought God frantically realising that I need to change and life had to go on with a greater meaning. I initiated a consistent fasting and prayers, reading Andrew Murray books. At one point, I could not contain my tears and knelt down and absolutely surrendered my life to Him.

As a result, His Spirit began to fill me and I began to hear Him speaking to me especially on trusting Him in all areas of my life. I was transformed from hopelessness to faith, hope and love. By the grace of God, both of us transferred to Keningau, Sabah and we started a general practice.

At the same time, I was also doing my Master in Christian Study in Sabah Theological Seminary (STS). During this period of time, I met many people in Kota Kinabalu who ministered to me and walked with me through life storms, mentoring me and praying for me. There were Rev. Renny, Dr. Kathleen, Rev. Joseph Purcell and etc. In 2017 and 2019, miraculously we were given two beautiful children by the Lord supernaturally.

Deepening—The walk with the Lord did not mean a bed of roses and we continued to face trials and tribulations. In the current COVID-19 pandemic, we as doctors in Sabah are not spared. While I am writing now, our clinic is closed down because of COVID-19. God wants a deepening relationship in our lives, testing our faith in Him. Can we persevere in our calling and to be faithful to Him till the end?

“For to me, to live is Christ and to die is gain (Phil. 1:21). Let us live our life to the fullest and trust Him to direct our path and be rooted in faith, strengthened in our hearts, united in love, and overflowing with thankfulness, living a life worth living and pressing on toward the goal to win the prize for which God has called me heavenward in Christ Jesus (Phil. 3:14)! §



早起、清心 Andy Lau – 3rd year medic student



在整个门陶课程中最让我有得着的是每日早午晚3次的祷告手册。那是一个分成4个阶段为期4个星期的祷告手册。这个其中最让我印象深刻的是早晨的祷告。起初我会因为自己的不自律而不早起祷告，起身后都忙着梳洗赶着上课。后来因为导师的提醒，试着早起用祷告手册做祷告。祷告了过后我能充分感受到上帝在我生命里的大作为，让我以一个很fresh的自己去迎接新的一天，期待着今天上帝将如何的使用我成为他的器皿。那一段时间我不在因为醒来就要面对繁忙的课业而带着压力的心情去度过一天，而是以一个更新的自己去过这一天，我知道上帝一定在保守看顾我。我很感恩参加了门陶课程，使我坚固了我在基督里的信仰，更好的装备了我自己。就像以弗所书1:4说的 [就如神从创立世界以前，在基督里拣选了我们，使我们在祂面前成为圣洁，无有瑕疵]。门陶课程也让我学习了如何去饶恕别人，促使人和睦，而不因欠佳的自我情绪管理而对他人造成伤害。

认识自己 和成长. 婉婷 Wang Ting – 3rd year medic student



门陶课程让我学到了很多让灵命增长的功课。门陶帮助我可以更加的去了解自己的内心，学习如

何去处理随时要面对的人际关系问题，对于我们这种身处社会当中的大学生们很是受用，特别是[合神心意]的课程，对于我的帮助很大，帮助我学习如何去处理自己的情绪等问题。[圣洁生活]也是对于我的受用很大，每一次去参与课程都帮助我可以去巩固自己的灵命，帮助我能够更加的了解如何让自己的生命被圣灵更新充满，也帮助我可以学习去饶恕人，这让信心软弱的我更加的有信心，信靠神，也学习凡事都学习以神的眼光去看待每一件事情和每一个人，学习爱自己，也去爱神爱人。

Kiing Sik:



我是勤实，参与了门陶之后，让我对信仰有更深的认识，并且也再次打稳了信仰的基础。

我经历过3次的门陶1课程，第一次是以学员身份参与，后2次都是以助教身份参与。虽是同一个课程，但每次参与，都会从中领会不一样的功课。透过和不一样的人接触，聆听大家的故事与见证，让我从中也获益不浅。比如当听到别人在分享自己重生得救的见证时，也可以从中感受到上帝的奇妙作为，并将荣耀归给神。我也经历了2次的门陶3课程，第一次是以队员身份，第二次则以队长的身份参与其中。门陶3让我有机会，去接触不同的人，向他们传福音。也让我在传福音的过程更加了解福音本身，并最终愿意在传福音的使命上跟进一步的委身自己参与全时间的事奉。

门陶课程里的良师也给予了我许多教导。3位良师曾经教导过

我，那就是顺光老师，祥光老师，还有昌仙老师。感谢神透过良师给予了我许多圣经知识的教导和属灵生命的劝导，透过他们所分享的信仰经历，也让我从中有所学习。

门陶课程还有一个很令人难忘的时刻，就是每逢结业的到来，都会伴随着盛宴来结束一学期的学习。当中我们会一起享用平时极少能享用到的美食。这些都是弟兄姐妹爱心奉献的，为要让我们有这么一小段时间能透过美食，彼此联谊，增进感情，并且完美落幕我们的学期。

门陶课程是很棒的课程，尤其在我的大学生涯让我能有所装备，我希望有机会能继续上完全部的门陶课程，陶造自己成为合神心意的门徒。

母堂：林光堂

(目前服事于三马拉汉卫理中心)

2020年8月毕业于UNIMAS Bachelor of Aquatic Resource Science and Management

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廿五周年記念

范長莊稿

1995年正月一日是信心堂誕生的好日子，佔上好兆頭，堂會有信心以後必會是福音的燈塔。今年2020信心堂已滿25周歲了。當初的會所只是租用輝盛花園店屋的二樓而參加崇拜的人數也不多，外地遷來的基督徒居多，大家在異地遇到同鄉特別有情誼並且感情的溫度與本地的信徒同心合一真誠團結的敬拜，充滿活力有愛的堂會。

2002年在合記路新聖堂建竣後就遷入新的會所是一棟宏偉而莊嚴的建築物是永遠神的新家開始了崇拜。聖堂充滿了神的愛，有十字架高掛在教堂的至高点。它的光芒照射到周邊的四面八方喚醒祂的百姓齊來屬靈的家。同心敬拜我們獨一的真神。

十字架是教會靈魂的地位，依循祂的救恩顯明神的愛。因十字架代表了榮耀，能力，慈愛與智慧。耶穌基督為世人的罪死了，顯出祂捨己的愛，成就救贖的恩，戰勝了死亡，賜給世人新的生命。耶穌基督是世人的救主，是榮耀的君王，是世上萬王之王，也是萬主之主。

回顧25年來信心堂的蛻變，走過輝煌的日子，快速的成長，茁壯長大成熟，如今崇拜的人數已超過千人了。信徒們在教會領受的是純正的道理，守住真理活出真理。屬靈的生命穩固長進曉得神更深奧的道理。牧者們教導會眾要畢生遵行謹守十誡嚴格的規條。因十誡是神頒佈的律例典章給世人過正當生活的標準。遵行祂的旨意即是順服神的教導，使信眾在地上得以長久，並要他們的子子孫孫在這流奶與蜜之地得以享福。

詩篇18/30的話說：

至於神，祂的道是完全的。耶和華的話是煉淨的。凡投靠祂的，他便作他們的盾牌。

神的道是一面攻不破，堅固無比的盾牌，有主的同在是

最安全的。每當我們受到試探時神就以祂大能的手來護衛我們。

詩篇23說：

1. 耶和華是我的牧者，我必不至缺乏。
2. 祂使我躺臥在青草地上，領我在可安歇的水邊。
3. 它使我的靈魂甦醒，為自己的名引導我走義路。
4. 我雖然行過死蔭的幽谷，也不怕遭害。因為你與我同在。你的杖，你的竿，都安慰我。
5. 在我敵人面前為我擺筵席。你用油膏了我的頭，使我的福杯滿溢。
6. 我一生一世必有恩惠慈愛隨著我。我且要住在耶和華的殿中直到永遠。

我們以寶貴的詩篇來規勸未信者勇敢踏出信心的一步，悔改歸向主耶穌來信心堂接受純正的道理。同心合一地敬拜那獨一的真神，使你們有意想不到平安與喜樂。不要依靠自己的權勢與能力成事，乃要依靠神的靈。哈利路亞讚美神，阿們！

樂齡團契

2/9/2020 S

十字架

陈明福稿

感谢主恩手的带领，在过去半年多的新冠疫情肆虐下，让我们都能平安度过。我们信心堂的实体敬拜也受到很大的冲击。虽然我们不能有实体敬拜，但仍然有线上崇拜。

从三月到七月，直接由年会安排线上直播。从八月份开始，就由各自堂会以直播进行线上崇拜。虽然现在的处境仍然是动荡不安，是紧张，是叫人忧虑害怕的，但主耶稣所赐出人意外的平安，可以平息我们心中的风浪及除去我们心中害怕。使我们内心平静安稳，来面对一切艰难的处境与挑战，使我们体会到原来苦难是化妆的恩典，是隐藏的祝福。我们可以深深体会到主所赐的平安与世人所赐的不同。主以永不止息的爱和无比丰盛的怜悯恩待祂的儿女，并从祂领受了超乎一切的恩典，平安与祝福。

八月份的第一个主日即八月二日，由信心堂主理张小娟牧师证道。讲题是：

"感恩有十字架"。牧师提到三点十字架对我们的意义：第(一)：十字架是代表上帝的智慧；第(二)：十字架是代表上帝的大能；第(三)：

十字架是代表上帝的大爱。牧师提到我们礼拜堂顶上的十字架，它的荣光是照耀整个黑暗的世界，特别是辉盛花园及合记路的几个社区。它无论是在晴空万里，天朗气清之夜，或是在乌云密布，倾盆大雨，雷电交加之时，它都稳如泰山地屹立在圣堂顶上，散发出那温柔，慈爱的十架荣光。它是我们信仰的标誌，更是我们永恒的盼望。

记得小时候，在五十年代期间就有"十字架"这首短歌，是我祖母时代哼唱的一首短歌，也是宋尚节博士开佈道会之短歌，永唱不衰。相信大家都会唱，而且会背。其歌词是"十字架，十字架，永是我的荣耀，我众罪都洗清洁，唯靠耶稣

宝血"。这是一首生死与共之歌，相信大家唱时，在不同的场合，都会有不同的感受。在欢乐时给你激励，在悲痛中给你安慰。

我于二零一零年十月三日由翠绿山庄搬到辉盛花园第七巷，就在信心堂隔邻。屈指一算，已整整十年了。当牧师提到圣堂上的十字架时，于我心有戚戚焉。因为每天晚上，圣堂顶上的十字架荣光，直接照进我的睡房，也照进我的心房。十字架的荣光陪伴着我十年如一日，使我夜夜好眠。这十字架的荣光对我来说是何等伟大的恩典与祝福。每当夜深人静时，我只有诚心献上真诚的感恩，曲膝在十架荣光下，为国家，普世教会，宣教事工，未得之民，及病痛者祷告，求主开恩赦免，医治。

虽然我今年已迈入八十龄的古稀之年，但神的恩典够我用，因祂赐给我仍然平安，健康，强壮。我就以每天读经，祷告为首要任务，与主建立更亲密的关系。

俗语说：

人生七十古来稀。圣经诗篇九十篇也清楚告诉我们，"我们一生的年日是七十岁，若是强壮，可到八十岁，但其中所矜夸的不过是"劳苦愁烦，转眼成空"来描述人的一生。我们便如飞而去。

在世短暂的岁月里，有主同在，就是天堂。我希望那高挂在圣堂顶上十字架的荣光，能伴随我平安走完这短暂的人生旅程，直到见主面的那一天。哈利路亚。阿门。

25-8-2020 S

放手

黃漢嫻稿



时光荏苒，岁月蹉跎，转眼是一年半多了。我非常想念妳，姐姐！心中依然埋藏着不舍得妳走。不论是阳光普照的日子，倘或星光灿烂的夜晚，带着所有的思念想起在那天才破晓的时刻，也就是五点多，我和弟弟各自接到嫂嫂在医院传来的电话。

我们飞赶到病床边握着姐姐的左右手。弟弟连忙调手机播放轻音乐于她枕边。我们很清楚姐姐渐渐的要离世了。我们姐弟俩更不放手。坚持陪伴她直到最后一口气。。。但我们不得已放手因为来了二位护士与一位医生逼近我们要执行任务。我们家属唯能盯着那些正在操作的医疗仪器直到平线-----。

姐姐就在柔和的音乐旋律中长眠。大家不禁流涕哭泣。要放手让我们爱的人离开，实在叫人心碎啊！她的逝世，只能在记忆中。一生经历的亲情，欢笑，相聚，几经坎坷的人生道路，浮上心头是我们对她无尽的缅怀与思念。由于姐姐是位单身贵族，她无处不替我们兄弟姐妹关怀，处理，协助或给宝贵意见于日常生活琐事上。尤其是她遗传了母亲的高超制作糕点手艺从而增加我们的口福。

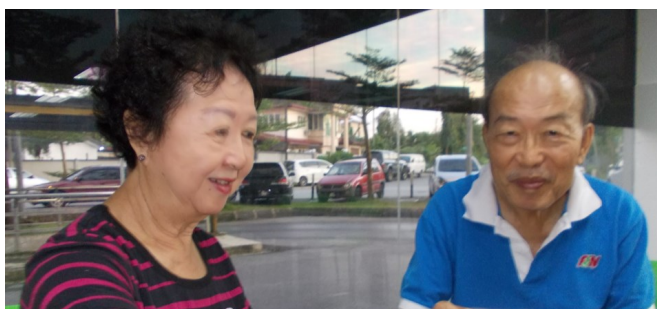
当今，我们只有怀念，深深地记住並感谢她陪着我们一起走过的以前。她的声音，笑容，单

纯与对朋友的亦诚，是我与家人一生中的心灵财富。

可惜姐姐是位非教徒，但是我和弟弟深信如果耶稣再来时，我们活着，我们就会在空中与主相遇。(帖罗尼迦前书4章13-18节)我们曾经放手交于医生与护士。因为有耶稣作我们的救主的確据，我们可以很把握地放手了。当我在世上阖上双眼，经历了死亡，等到我们再次睁眼时，盼望与上帝同在。

耶稣应许：复活在我，生命也在我！信我的人，虽然死了，也必复活。凡活着信我的人必永远不死。(约翰福音11章25-26节)希望姐姐在天之灵能感受到兄弟姐妹们发出内心对妳的爱，阿们！

合记路小组
7-8-2020 S



纯正的道理

范長莊稿

提多2/1 但你所讲的总要合乎那纯正的道理。

保罗教导提多授以纯正的道理, 让他在信仰上有根基, 在圣经的真道上建立坚固的信心。

提多2/2 劝老年人要节制, 端庄, 自守。在信心, 爱心, 忍耐上都要纯正无疵。

保罗在劝勉老年人要守住真道追求真理。学习耶稣的榜样, 以怜悯, 慈爱和尊重的态度待人。

乐龄人士多注重以下的品德修养:

1. 节制, 即是在生活上要自律, 克制守纪律。循规蹈矩, 收敛不放任, 明哲保身。不放荡情慾。举止要谦恭, 不傲慢无礼。不说谎言, 不毁谤人, 多说造就人的话, 亲手作正经事, 委身事奉神, 实践信仰服事人。做人要实, 办事要真。在属灵与道行上无瑕疵。
2. 端庄, 在装饰上要端庄, 在品德上要端正。行事为人不偏离正道, 跟随主耶稣的脚踪。在教导上要端庄正直, 言语要纯正。爱心说诚实话, 尽上教会的责任, 凡事多善行。因有神的道, 学了神的真理, 脱离旧我的私慾, 迷惑, 成为新造的人, 宣扬福音, 引人信耶稣。

3. 自守, 除去不敬虔的心, 脱离放荡情慾。在今世自守有公义, 公正, 谦和度日。遵行法律法则, 尽上作信徒的责任。将身体献上当作活祭, 作信仰的见证人。谨言慎行, 有基督的爱心, 在生活上守住真理, 活出真理来。
4. 在属灵上对神有绝对的信心, 有基督的样式爱神, 爱人, 更要爱人如己, 活出爱的确据。凡事都要多忍耐, 多结圣灵的果实。行事为人纯正无可指摘。

可敬的乐龄长辈们, 当身体逐渐老去时, 赶紧抓住有限等待的日子里与主建立起密切的关系。惟有主同在的日子才能填补心中的空虚, 难奈与忧虑。因为子女们离了远去, 那美好的幻想破灭的无影无踪。留下现实的生活即是孤独, 寂寞, 无奈, 残酷, 无助围绕着你。

年轻的岁月并不长久, 转眼成空。因为风水会轮流急转, 终究也会轮到你, 旧日清晰, 弯腰驼背的影子即是如今自己的写照。只是转换了身份罢了。故此奉劝切莫把老人嫌, 善待老人就是善待自己。

回顾老年人走过的路, 从事的职业是否令你满足及荣誉感吗? 因为在世上的富足财富, 名誉, 荣华富贵转眼成空。真是所谓的空虚中的空虚。日光之下一生的劳碌, 可得到什么好处呢?

圣经中最经典人物如所罗门王, 曾拥有世上一切的智慧, 权力, 财富, 尊荣, 名誉是神所恩宠的人物, 也是世上最完美的人。但他却说这一切至终都归于空虚的。所以他要致力唤醒世人不要将信心建立在个人的努力与成就上, 乃要将自己献给神, 作为世人存活惟一理由吧! 只有在主里活着的才有盼望的人生, 阿们!

乐龄团契

04/08/2020 §



2020 Red Discipleship

门徒心得



刘汉晶：

上了八个多月的门徒课程，让我学习到了很多有关上帝的知识和人的知识。门徒课程概括了整个上帝与人类的关系。从一开始上帝的创造，到人建立了族群，到人类反叛上帝拒绝上帝，再到上帝不停地挽救我们，到后来耶稣基督降世为人类为了我们的罪而被钉在十字架上做了救赎，使我们得永恒的生命。

在这八个多月以来，学习的功课是很宝贵的，不仅仅是神的话语上更是要怎样在我们生命中活出神的样式来。圣经是一本无价之宝的书，是结合许多门徒所写的一本书。在圣经中记载到耶稣的三次受试探，然而耶稣借着圣经的话反驳撒旦，使撒旦退去。令我印象最深刻的是耶稣在第一次试探的时候说道：人活着不是单靠食物，乃是靠神口里所出的一切话。【马太福音4章4节】

通过圣经的教导，每日灵修，与上帝的亲密沟通后，让我的灵命不断的成长。感谢上帝的带领保守与看顾，使我有一个美好的时光来学习门徒课程。在学习门徒课程的时候，都是怀着一颗憧憬的心，我想透过门徒课程，让我能够更加认识上帝，让我能够更加了解上帝的话语。毕竟之前在主日学的时候，学习到的经文不是很多也不太懂经文里所要表达的意思。在门徒课程中，让我知道了不少知识，使我受益不浅。

愿主帮助我们这一班门徒课程的弟兄姐妹们都能够平平安安，快快乐乐，也愿主耶稣能够在未来的路上继续保守带领我们，也希望我们能够成为别人的祝福。感谢导师的教导，愿主给他们加添更多的力量，赐予他们聪明智慧，造就更多人来参加门徒课程，让他们和上帝认识，学习神的话语。希望我们大家都能够在基督里彼此成长，彼此服侍，成为基督的精兵，神所合用的器皿。§

林咸慈 Nico Ling:

有着阿爸天父的恩典，无限的爱，让我有机会报名学习门徒课程红本。使我能够更深的了解，体会，神的真理。最重要的是能够让我有特定的时间与主亲近，研究主话语，使我灵命得着更新与变化。之前，对门徒的定义不了解，而从这课程中我更加明白主对门徒的使命与责任。每一堂课，都让我体会，原来做门徒不是挂在嘴上的，行为、言语、思想都要与主同行，遵行主给的标准和使命。我看到过去旧约和新约的世人们的软弱、患难、逼迫。。。让我知道直到如今的世人也一样，我自己也一样，原来人的原罪会不停的攻击我们的灵命。如果我们一放松戒备和警醒，我们就会非常的容易跌入试探和罪的漩涡。有的还有机会回头和来得及悔改的机会，而有的就是后悔莫及，甚至无法回头了。。。但是，我看到的是上帝的爱，无条件的爱，牺牲的爱。。。人有盼望全来自上帝怜悯的爱。上帝爱我们这些不可爱的人。爱我们这些满身是罪和瑕疵的人。上帝一次又一次的给我们机会，就是要我们回到上帝的怀抱里，回到与主同在的家庭里。因此，门徒就要自律，而且要去做上帝给门徒的使命。“不容易啊。。”都是一般我们会听到的答案。对，上帝没有说跟随主的人会非常容易的。上帝早就告诉我们进天国的路是崎岖难行的，是充满拦阻和困难的。这样才能显出天国的珍贵和无价。感恩有主的同在和依靠，我们都能够经历主在我们生命中奇妙的作为。希望在前面的每一个脚步，我继续能够谦卑的顺服上帝的指引。更继续的紧紧抓着主的话语，时时刻刻提醒和指导，因为我知道我是软弱的，我只能靠主才能站立得住，特别在这末世的时代里。。。感恩卫理公会信心堂门徒课程的牧者、导师，让我有机会上门徒课程，有机会研读上帝的话语，装备自己。感恩上帝的爱和带领。谢谢主！赞美主！阿们 §

Benny:

一直以来在少年时期，我都蛮忙于少年团契的服事。一直到了升团后，开始闲了下来。那时我就开始向神祷告，求神替我安排一个课程来让我去装备自己，来让自己的灵命更加成熟。还记得在2019年的年尾，听到门徒红本要开班，就这样把自己的名字写了下去。

紧接着，我们就开始了每个星期一次的课程。在上课程的时候，我们一起聆听导师的教导，一起研读圣经后分享。刚开始的时候我感到意外，因为没想到会需要这么多时间，担心会负荷不了。感恩的是，透过神的力量我继续坚持了下去。碰巧我们遇上了2020年的行动管制令，也因此有了更多的时间去好好思考神的话语。

在整个过程当中，我真的会感受到自己就是一位门徒，要知道自己的师父，也就是我们的神，对我们的要求是什么。我需要谦卑的去学习，明白被教导的东西和学问，并且把学到的实践在自己的生活当中。当中，我也需要学习好好规划自己的时间和精力，每天都要把时间分别为圣来完成作业。

曾经在无形当中被周围的朋友得知自己在上着门徒课程，而正好其中一位曾经上过。他与我分享说红本门徒课程与我们的生活特别的贴切。我最赞同他的看法就是，虽然说门徒红本课程在许多年前就已经实行，也似乎没什么更新，但奇特的是至今为止我们还是能从中学习到功课。我想最大的原因是课程当中在每一课提到的人性问题，从古至今都没有改变过，人的问题一直反复。因此，从这个观念中我大大感受到了神的慈爱，真的如经上说，广阔高深。对人们无法测度的爱以及包容，这就是我们伟大的神。

最后，透过课程，我才有机会真正体会到做门徒的不容易。所以要真正克服旅途当中的困难和诱惑，需要同伴的陪伴和主的帮助。因此，我还会再参与门徒课程，尽力学习做个称职的门徒。 §

劉媚媚：

在這幾個月的門徒課程中，我覺得對我的靈命成長的幫助很大。之前我對自己的信仰

了解不深，常常想向非信徒的朋友表達或解釋我們信仰的真諦有力不從心的感覺。因

為自己了解有限，常被問倒。自從上了門徒課程，我對聖經和基督徒的使命有更深的

了解，希望以後可以向非信徒朋友分享信仰。感謝老師和傳道的用心教導。

由於 MCO 的關係，我們大部分上課都是用 zoom，很少看到同學。但是也因為這樣，

大家幾乎都沒有缺課，一起畢業。很珍惜大家一起上課的時光，一起學習神的話。對

我而言，這個門徒課程是很寶貴的人生經歷。§

刘怀鸿：

高潮，在阅读保罗书信时从传道的分享当中看到不一样的保罗书信，以前读是时常会觉得乏味，但是在这次的红本我对保罗的书信更加有兴趣，更加了解。以前对于阅读新约也许都是比较快速的读过，因为觉得都在说恩典，反而旧约的故事比较吸引我，在这次的红本圣经之旅，我对新约有了不一样的看见与看法。低潮，也许是在最后几星期吧，因为特别忙甚至开始忙到最后一刻才开始做完一个星期的功课呢！途中都在mco线上进行，所以只能在线上彼此认识。

红本，是个不错的圣经之旅，它帮助我们快速的阅读圣经，需要有很好的纪律，对于工作者是十分挑战的，我的看法是，门徒无法改变基督徒的生命，但是导师们可以透过红本的圣经之旅分享这圣经如何改变你的生命与生活，进而透过红本课程这个很好的平台把生命的异像分享传递给我们。§

在这个门徒之旅当中，我学到两个功课：牺牲 — 鸿光

当我开始决定要参加红本的时候，本以为只是一天，但是却是每天需要做功课。所以我要每天牺牲自我的时间去更认识上帝。当中也看到耶稣已经为我们付上最大的牺牲，也是一辈子牺牲，就是牺牲祂的生命，为了挽救我们脱离罪恶。圣经中很多先知很伟人比如保罗都彰显了牺牲的爱来带领人认识耶稣，无论环境困难还是轻松。所以我们就没有任何借口不牺牲时间来更认识创造宇宙万物的上帝。牺牲时间只是一小部分，我们更应该要牺牲自己的生命来奉献给上帝，让上帝使用。

委身

我们身为门徒不只是一定要牺牲，更多要委身。做门徒不是一下子的功夫，而是一辈子的，所以我们才要坚持委身，就像上红本课程一样，需要时间精力要坚持的去认识上帝，这样我们与上帝的关系才会更好。在上红本的整个过程中，委身也是我最大的挑战。经常因为工作要超时，或是身体疲惫，或是缺课，或是想放弃。但是看到大家都在一起要跟随耶稣的路上一起努力的时间，我就不能掉队，所以也靠着主加给力量，让我学习委身一个有永恒价值的事上。§

郑椿楦：

門徒紅本是一個課程，讓我有紀律的固定時間，每天閱讀，作筆記和預備功課。這是做基督徒的我從來沒有過的生活。雖然每天都照課程表讀經，可是卻有很多內容還是不明白不能體會聖經的意義，我還是盡力而為和改進自己。即使我的成長比較慢，但感謝主繼續與我同在。經過這34週的聖經學習中，也讓我對於聖經裡的歷史文化和從舊約到新約有一些頭緒。這樣可以幫助我在未來的主日崇拜時更明白講員所講的經文的背景和來龍去脈。雖然門徒的課程已經結束，但希望自己的屬靈生命可以繼續成長，跟隨主的腳步做一個蒙上帝喜悅的僕人。§

读红本门徒课程所领受的心得 —— —— 黄筱嵐

虽然我已经是多年的基督徒，可是我从来没有认真读过圣经。一路走来总觉得自己灵命没有成长，我感觉很惭愧。

当听到教会有开红本门徒课程后，我考虑了许久才决定来报名参加。因为只有通过学习和研读上帝的话语，才能让自己更认识耶稣基督的救恩。

感谢上帝的带领使我们养成了每天做灵修的习惯。上门徒课程可以培养我们每天都有读圣经和做灵修的习惯。对我来说这已经是很大的收获了。我也感谢导师的带领下，对我们耐心的解释课程里不明白的经节，这也让我们受益不浅，也使我们对圣经有更多地了解。

通过门徒课程的教导，也让我们知道要学习去顺服主，要舍弃一切世俗的诱惑和心理的不平衡观念。当我们悔改了，得了重生的生命就不可再去犯罪、伤主的心。

愿主来帮助我们这一班上门徒课程的弟兄姐妹们都能在以后的日子持续爱主，都愿意继续跟随主至到主再来。愿主帮助我们都能过圣洁和成为分别为圣的子民，学习去活出神的样式来叫我们跟随主的脚踪行。【彼得前书2:21】但愿我们每一个弟兄姐妹都能被神所使用，做主的门徒。

愿主耶稣基督能够一直保守带领我们让我们也能够成为别人的祝福，因为圣灵所结的果子、就是仁爱、喜乐、和平、忍耐，恩慈、良善，信实、温柔、节制。【加拉太书5:22-23】 §

圣经之旅—刘婷婷

我从来没有想过可以参加甚至完成门徒课程。感谢主，在2020年我终于踏出那一步而且获益良多。基督化家庭成长的我却都是属灵婴孩，透过门徒红本的课程我可以完成了人生第一次的圣经之旅。除了每一天的功课，我还在空闲的时间去了解解经家对那章节的解说与教导。除此之外，也特别谢谢导师的教导。整个的圣经之旅中，我了解的旧约的律法圣经人物，上帝的慈爱到新约耶稣拯救与恩典时代。让我经历与体会即使人的软弱与不顺从，多次的反抗与固执但是上帝的爱与宽容永远长存。只要我们顺服于主，我们可以从罪中得释放常在主的爱中享有那美好的福分。当然，在这学习的过程中有几课是十分难理解与抽象，可是透过导师的解释我也可以获益。

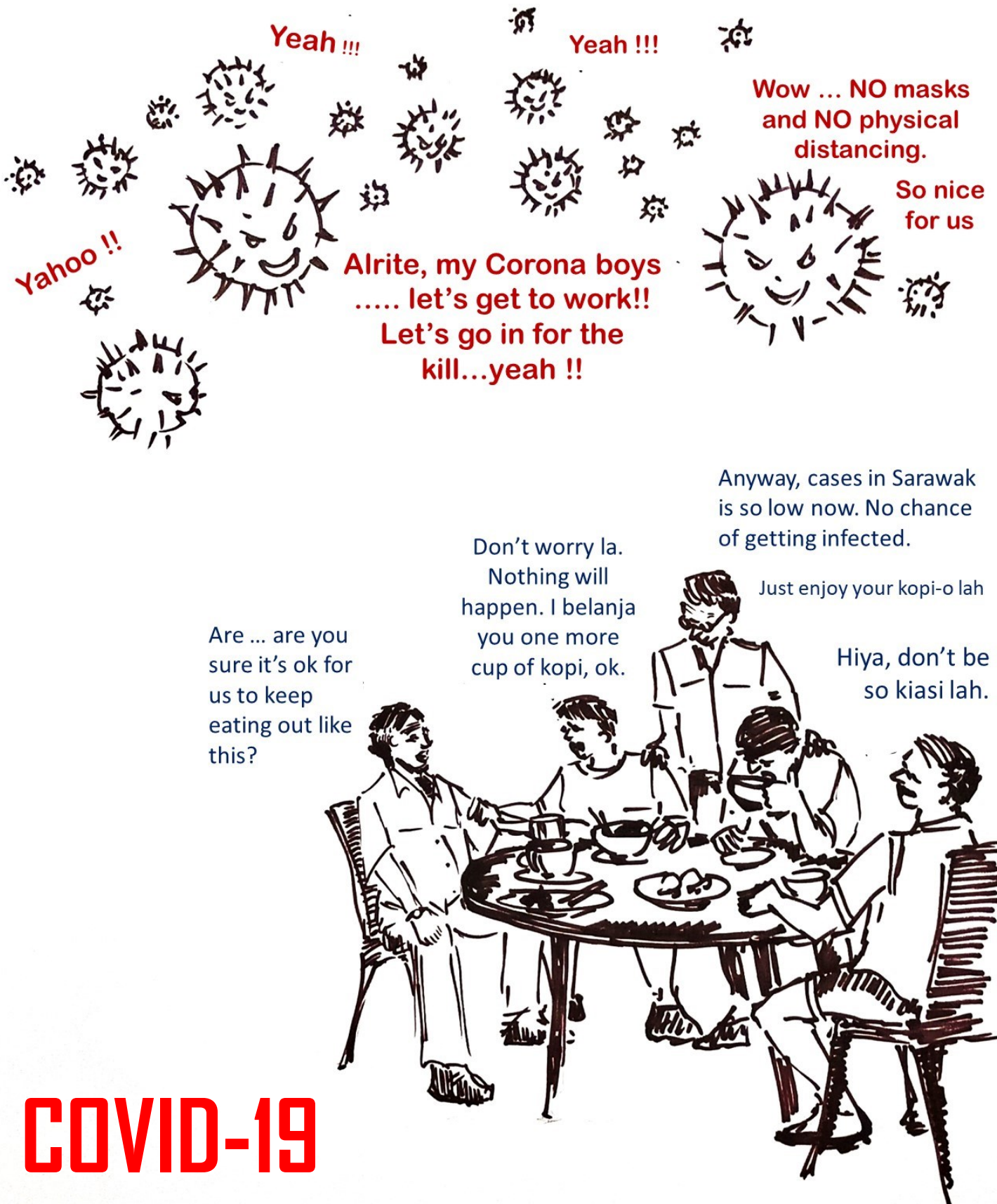
虽然2020是一个很多‘天灾人祸’的一年，我们大部分的课都是透过zoom而完成的。这都要谢谢同学与导师们的坚持。如果是我一个人的圣经之旅在这多灾多难的一年我肯定会放弃。

完成了门徒的课程我对门徒有了更深的了解。从前的我认为门徒是比较‘holy’的基督徒才可以做到的。可是，自从我上了门徒课程后，我认为每个基督徒都是主的门徒，我们除了要坚守我们的信仰也要活出来，正所谓的生活信仰化，信仰生活化。我们无论在职场，家庭或教会中都应该活出基督的样式。我愿意不断的研读神的话语，不断的提升自己而做出改变。再一次感谢主，荣耀都归于主

§

因此，去做萬國的門徒，奉父，子，聖靈的名為他們施洗，並教導他們聽從我所吩咐的一切。可以肯定的是，我一直與您在一起，直到年齡的盡頭。”

馬太福音28：19-20



COVID-19

The fight ain't over! Stay home, Stay safe!

